

# Yasmina Bentaieb

Makeup Artist | Mens Grooming

Celebrity

Winter nutrition? Nailed it. **The new food formula**

# Women's Health

Our fitness  
forecast

**How you'll  
sweat and  
recover**

tomorrow  
+ beyond

**The  
spectre of  
size zero**

*Three writers  
on its alarming  
return*

Clara  
Amfo

is calling it  
as she sees it

**Addicted to  
scrolling?**

*The wake-up call  
you need p35*

**Wellness  
wishlist**

*The WH editors  
guide to gifting*



**Loneliness  
fix or fad?**

*Inside the  
woolly world of  
'social wellness'*



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HELLO!





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SEPT  
2020

# VOGUE

Clara Amfo

ACTIVISM NOW

THE FACES OF HOPE



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Leading  
the field

London broadcast legend Clara Amfo is putting in the graft



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# HOUSE OF SOLO

ISSUE 30  
Summer 2014



EMELI SANDÉ

CELEBRATION ISSUE



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